

ENCOURAGE ONE ANOTHER

Why do we need encouragement?

- Life is tough sometimes
- We lose hope
- It's hard when we are hurt for doing what is right.
- It's tempting to quit

The World's Definition: the action of giving someone support, confidence, or hope.



We all need some
encouragemint from thyme to
thyme.

UNTIL YOU'RE BROKEN,
YOU DON'T KNOW WHAT
YOU'RE MADE OF. IT
GIVES YOU THE ABILITY
TO BUILD YOURSELF ALL
OVER AGAIN, BUT
STRONGER THAN EVER.

www.itsalovelylife.com

Your mind is a powerful
thing. When you fill it
with positive thoughts,
your life will start to
change.

- Unknown

motivationpng.com

- Self-affirmation

**KEEP YOUR
HEAD UP.
GOD GIVES
HIS HARDEST
BATTLES TO
HIS STRONGEST
SOLDIERS**

**IF THERE'S A
GOLIATH
IN FRONT
OF YOU
THAT MEANS
THERE'S A DAVID
INSIDE OF YOU.**

CARLOS RODRIGUEZ // HAPPYFRIENDSHIP.COM

God's perspective of encouragement:

1. **The messages we receive from God are focused Him and how to serve others.**
2. **God's Definition:** *"to come along side for comfort and exhortation;*
3. This is the ministry of the Holy Spirit to each of us who are in Christ.
 - a. **John 14:26-27** *But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.*
 - b. **2 Thessalonians 2:16-17** *Now may our Lord Jesus Christ himself, and God our Father, who loved us and gave us eternal comfort and good hope through grace, comfort your hearts and establish them in every good work and word.*
4. This is the ministry of the Holy Spirit through us to others.
 - a. **Acts 9:31** *So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.*
 - b. **2 Corinthians 1:3-4** *Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.*

How do we encourage one another?

1. **Build one another up in the faith, especially in the face of affliction**
 - a. **1 Thessalonians 3:2-3** *and we sent Timothy, our brother and God's coworker in the gospel of Christ, to establish and exhort you in your faith, that no one be moved by these afflictions.*
 - b. **Acts 14:21-22** *When they had preached the gospel to that city and had made many disciples, they returned to Lystra and to Iconium and to Antioch, strengthening the souls of the disciples, encouraging them to continue in the faith, and saying that through many tribulations we must enter the kingdom of God.*
2. **Challenge one another to make lifestyle decisions that honor Jesus**
 - a. **1 Thessalonians 2:12** *We exhorted each one of you and encouraged you and charged you to walk in a manner worthy of God, who calls you into his own kingdom and glory.*
3. **Comfort one another during times of hardship**

a. **2 Corinthians 1:3-4** *Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.*

b. **Use the Bible as your source of comfort.**

i. **Romans 15:4** *For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope.*

4. Cheer people on to good works, combined with kicks in the pants when needed.

a. **Hebrews 10:24-25** *And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.*

5. Come along side of others to help them achieve victory over sin

a. **Hebrews 3:13** *But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin.*

b. **1 Peter 2:11** *Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul.*

6. Keep others focused on the Gospel and help them resolve conflicts

a. **Philippians 4:2-3** *I entreat Euodia and I entreat Syntyche to agree in the Lord. Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.*

7. Affirm one another's identity in Christ

a. **1 Thessalonians 5:4-11** *But you are not in darkness, brothers...for you are all children of light, children of the day. We are not of the night or of the darkness...since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation. ⁹ For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ...Therefore encourage one another and build one another up, just as you are doing.*

8. Remind one another of what's ahead

a. **1 Thessalonians 4:13-18** *But we do not want you to be uninformed, brothers, about those who are asleep, that you may not grieve as others do who have no hope. For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have*

fallen asleep. For this we declare to you by a word from the Lord, that we who are alive, who are left until the coming of the Lord, will not precede those who have fallen asleep. For the Lord himself will descend from heaven with a cry of command, with the voice of an archangel, and with the sound of the trumpet of God. And the dead in Christ will rise first. Then we who are alive, who are left, will be caught up together with them in the clouds to meet the Lord in the air, and so we will always be with the Lord. Therefore encourage one another with these words.